



Serving Lee County Since 1947

2009/2010 INFLUENZA SEASON: 2 Flu's – 2 Shots 2 Flu's – Same Prevention Steps

Two Flu's

Seasonal Flu: Each year millions of Americans get the seasonal flu and an estimated 36,000 people die. Annually a vaccine is provided for the public to limit illness/death from the recent strains of flu viruses.

Novel H1N1 Flu: In Spring 2009, this previously unseen virus caused many people illness and death in the U.S. and around the world. This virus returned in the Fall and continues to spread and become more severe. Researchers and drug companies have developed a new vaccine for this virus.

Two Flu's – 2 Shots:

Seasonal Flu: The seasonal flu vaccine is available this Fall and is recommended for everyone 6 months of age and up.

The Lee County Health Department is out of seasonal flu vaccine.

Novel H1N1 Flu: The Novel H1N1 vaccine is available and the CDC has recommended that these vaccinations focus on as many people as possible in these initial target groups:

- Pregnant Women
- Household and caregiver contacts of children younger than 6 months
- Health care and emergency medical services personnel
- Children 6 months through 18 years
- Persons aged 19 – 24
- Persons aged 25 – 64 who have medical conditions associated with higher risk conditions

Novel H1N1 Vaccinations at Lee County Health Department

We are currently providing vaccine for the target groups listed above and will eventually provide to anyone wishing to receive it.



Serving Lee County Since 1947

Two Flu's – Same Prevention Steps:

The same measures can help protect you and your family from both types of flu:

- Wash your hands often with soap and water
- Cover your mouth and nose with a tissue when coughing/sneezing.
- Avoid touching your eyes/nose/mouth with your hands.
- Stay home from work/school/public gatherings when you are sick
- Have an alternate place for childcare if children are sick or school is closed.

FOR MORE INFORMATION:

The Centers for Disease Control and Prevention (CDC)
www.BT.CDC.gov/stockpile

Illinois Department of Public Health
www.idph.il.us

Lee County Health Department
815-284-3371
www.lchd.com