

# Let Us Help You Quit!

The Lee County Health Department, in partnership with KSB Hospital, will be offering a **Freedom From Smoking®** clinic, a group approach to help you quit smoking and stay smoke-free.

The clinic will be held on **Thursday evenings, beginning March 4th**, and ending April 15th at the Lee County Health Department. The cost for the clinic is \$25, which includes classroom materials and a limited supply of nicotine replacement therapy.

**Registration deadline is March 1st.**



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If you are interested,  
please contact Lora at  
**815-288-5511 ext. 208.**