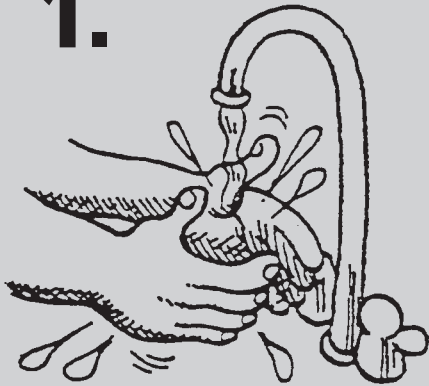


# How-To's of Hand Washing

1.



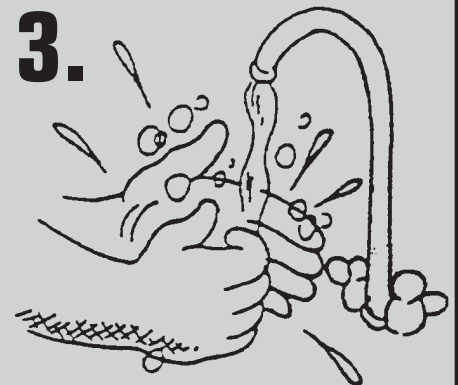
**Wet hands**

2.



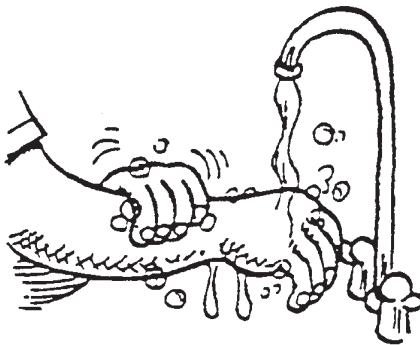
**Apply soap**

3.



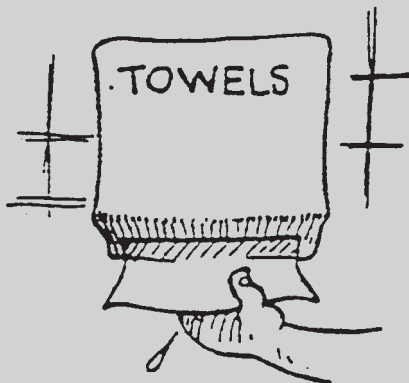
**Briskly rub  
hands for  
20-30 seconds**

4.



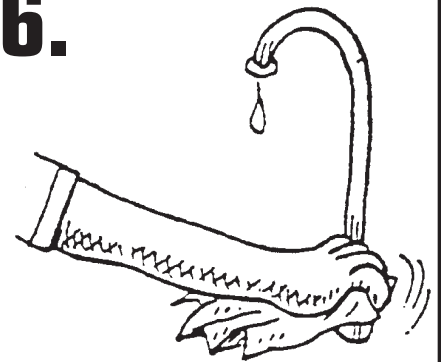
**Rinse hands  
thoroughly**

5.



**Thoroughly  
dry hands**

6.



**Turn off water  
with paper towel  
as a barrier and  
immediately  
discard towel**